

## MSU IN ACTION

### A quick snapshot of growth

We are an all-volunteer managed 501(c)(3) nonprofit organization founded in 2015 by myositis patients, for myositis patients and caregivers.

Each of our board members is either a myositis patient or a myositis caregiver with each of the idiopathic inflammatory myopathies represented.

We have a social network following of over 17K. This includes myositis patients, caregivers, family members, friends, physicians, researchers, nurses, and others in the healthcare field.

Since 2016, we have provided over \$37K in financial assistance to myositis patients for medical expenses, medical travel, and emergency household expenses.

We have developed various partnerships with researchers, universities, technology companies, pharmaceutical companies, and other organizations. We will continue to reach out and build relationships that are beneficial to the myositis and research communities.

### VOLUNTEER OPPORTUNITIES FOR MYOSITIS-FOCUSED HEALTH PROFESSIONALS

## CONTACT US

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 Empowering the  
Myositis Community!



## JOIN MSU AS A MEDICAL ADVISOR

We are looking for physicians, clinicians, researchers, and scientists who have knowledge and experience with the idiopathic inflammatory myopathies and want to get involved with a fast-growing, patient-centered nonprofit organization. We are seeking medical advisors to assist us in moving forward with grants, education, research and review, and in leading the advisory committee.

### WAYS YOU CAN HELP AS A MEDICAL ADVISOR

As a nonprofit dedicated to improving the lives of myositis patients and caregivers, we can provide you with the opportunity to use your vast knowledge to help shape the future of Myositis Support and Understanding.



#### EDUCATE PATIENTS AND CAREGIVERS

A part of our mission is to educate patients and caregivers about myositis and related diseases. Educate, share research, and help lead this effort.



#### CREATE AND REVIEW MATERIALS

Assist in educational outreach through developing and reviewing web and print materials. Educational resources are invaluable to patients and family members looking to learn more about these diseases.



#### SUPPORT PATIENTS

We provide various support options for our members including online video support. Join sessions to elicit direct patient feedback about topics of mutual interest and have the opportunity to 'mingle' with myositis patients.



#### ASSIST WITH GRANTS AND SPONSORSHIPS

A strong contingent of medical advisors will allow us to meet requirements, expand our reach, and help secure funding. With the support and endorsement of MSU, we can provide avenues for funding scientific research that will benefit researchers, clinicians, scientists, MSU, and the entire myositis community. As a medical advisor, you will aid us in securing quality sponsorships.



#### YOUR IDEAS MATTER

You are the expert, and your ideas matter! Present to us your ideas on what we can do together to move forward and better educate, assist, and support patients, caregivers, and the medical and research communities.

## HOST EDUCATION SESSIONS

Do you enjoy educating myositis patients and caregivers? Considering hosting a live, online video education session? Our members are eager to learn more about their disease, ways they can help themselves, and the ways they can get involved in research and clinical trials.

Education sessions are interactive and generally last 45-60 minutes. We invite you to share your research, presentations, and to accept questions from those attending live. These sessions can be scheduled at any time and do not require expensive travel or the need to wait for a large gathering.

### SOME PAST SESSIONS, HOSTS AND OPPORTUNITIES INCLUDE:

- Dr. Tae Chung, a past medical advisor for MSU, led a session about myositis and exercise.
- Dr. Lisa Christopher-Stine led an interactive video session titled, 'Polymyositis: The evolution of this diagnosis in light of recent research.'
- Dr. Victoria Werth has led two education sessions about dermatomyositis (DM) and presented some of her research related to DM and itch. Both sessions were in partnership with Corbus Pharmaceuticals.
- Dr. Conrad Weihl led a session about inclusion body myositis titled, 'New Insights on sporadic Inclusion body myositis (sIBM) pathogenesis.'
- The Raynaud's Association hosted a session with us to educate and provide tips for patients who experience this phenomenon as a part of myositis.

