



Hi, I'm Lindsay Guentzel!

Disclosure Statement

- Novartis Pharmaceutical
- Picnic Health
- Know Rare





Hi, I'm Lindsay Guentzel!

- Diagnosed with Dermatomyositis (DM) associated with Antisynthetase Syndrome (ASyS) as well as Sjögren's Disease in March 2023
- Jo-1 antibody
- Muscle weakness, ILD symptoms, rashes, mechanic's hands



November 2023



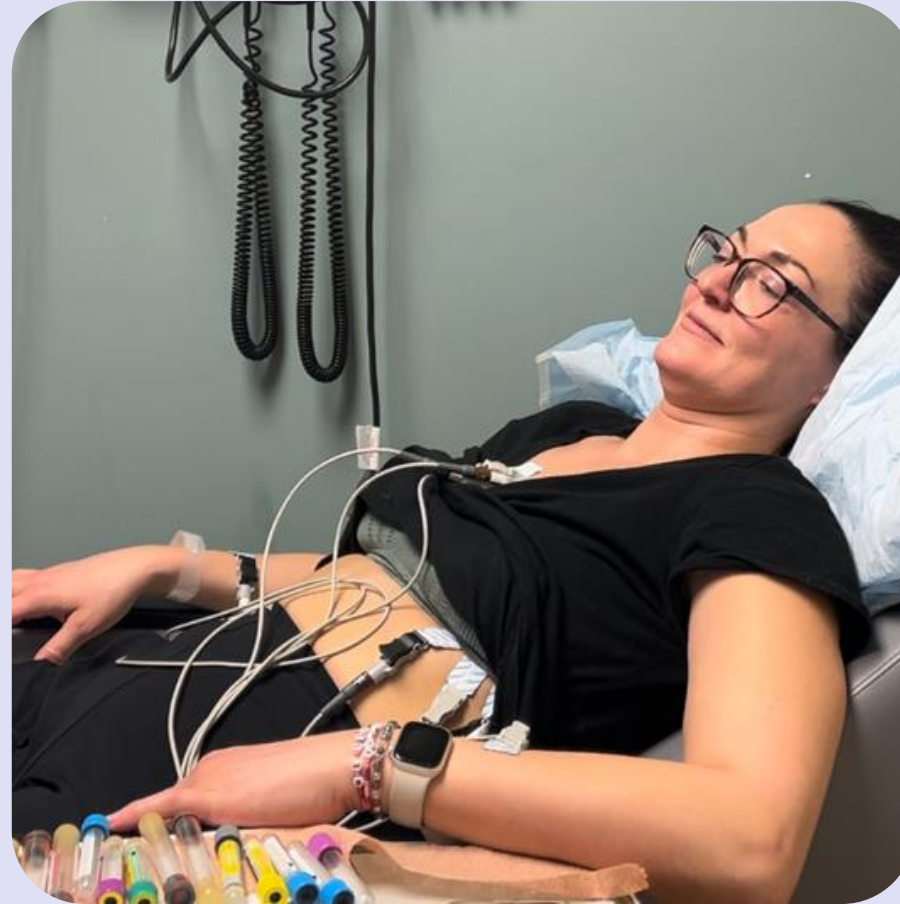
March 2024





Treatments I Tried

- IVIG
- Rituxan® (rituximab)
- Steroids
- CellCept® (mycophenolate mofetil)
- Cyclophosphamide
- Xeljanz® (tofacitinib)
- Methotrexate
- Plasmapheresis



Trial Timeline

September 2024

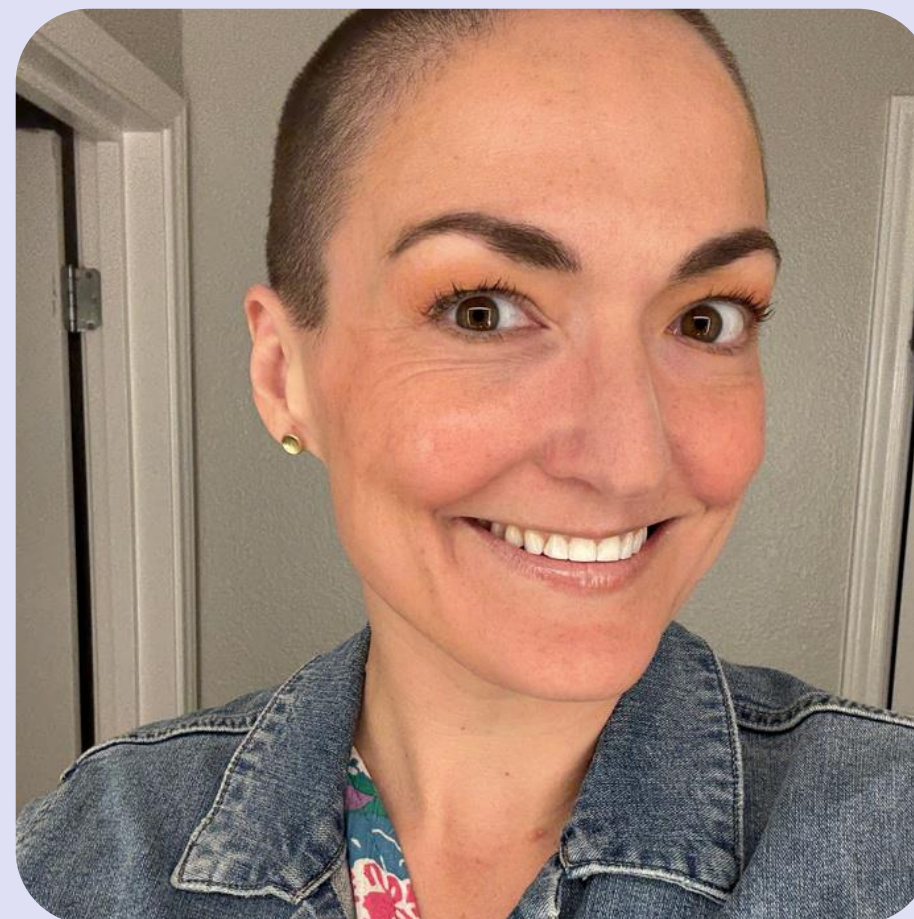
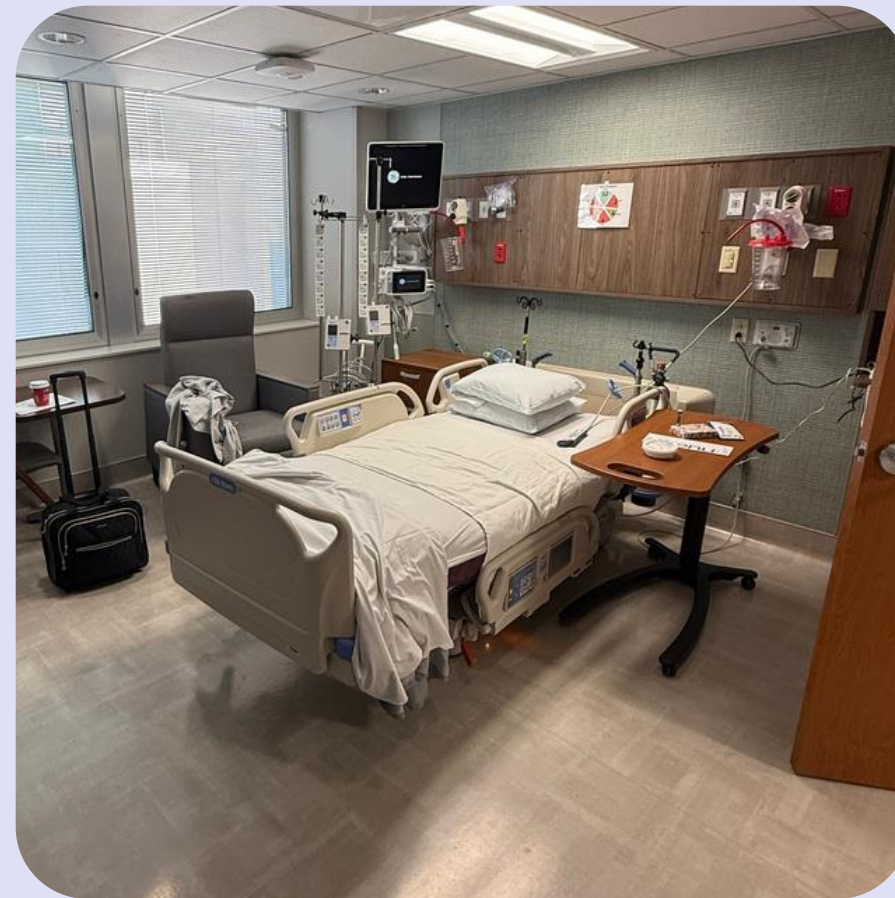
- Starting calling trial sites

October 2024

- Sent medical records to trial site

March 2025

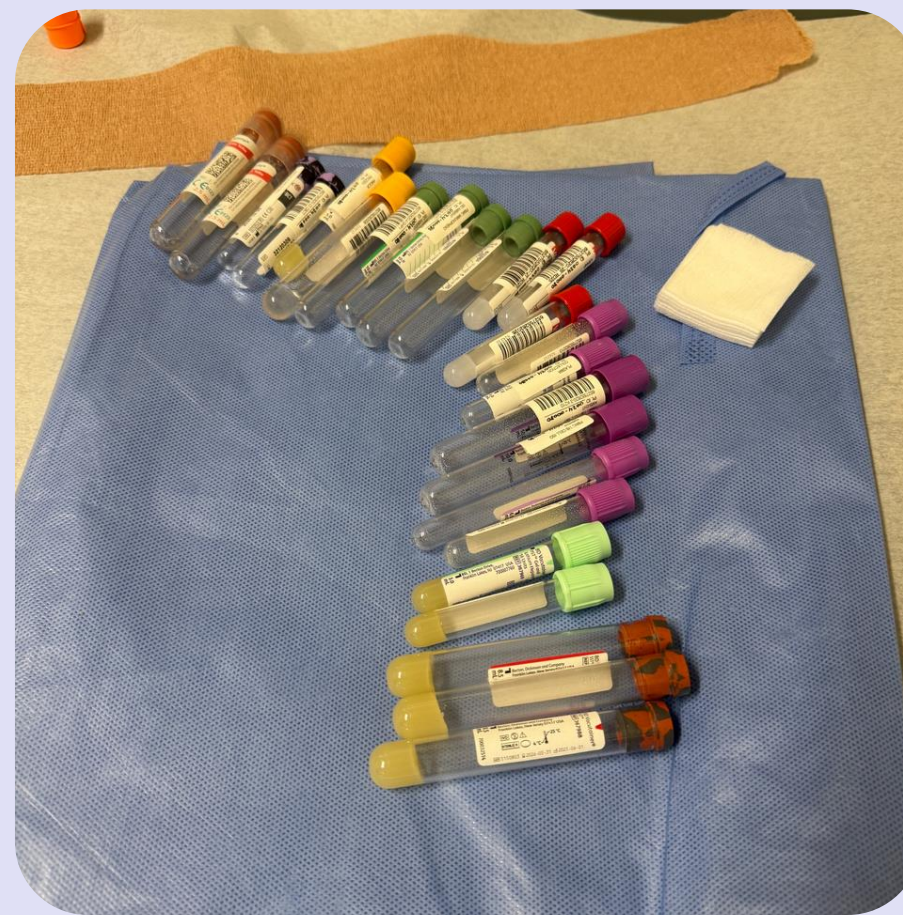
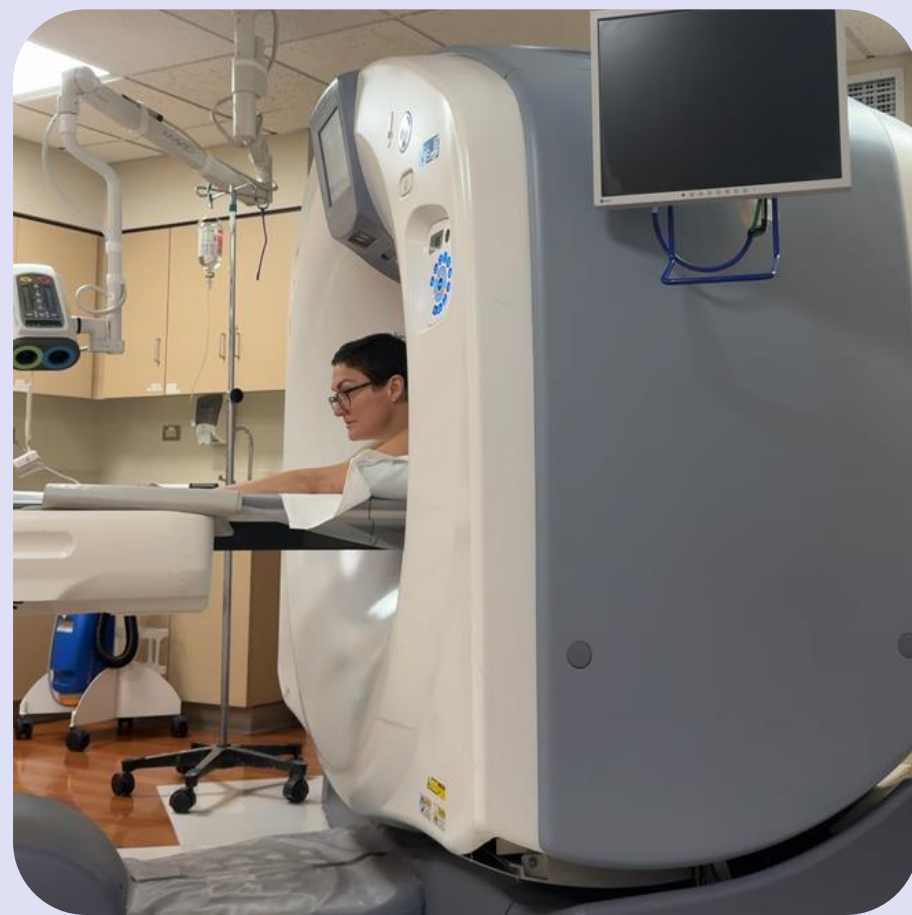
- Initial screening visit March 3
- Found out I'd been accepted
- Underwent cell harvesting March 7
- Returned home for 5 weeks



Trial Timeline

April/May 2025

- Returned to site on April 13th
- Had final screenings with providers
- Underwent 3 rounds of chemo
- Admitted to hospital on April 21st, had transplant that afternoon
- In hospital until May 5th, stayed near trial site until May 21st



Return Trips to Trial Site

- Returned June, July, August, September and October in 2025
- Was supposed to return in January, returned instead in February 2026
- Returned again April and July 2026



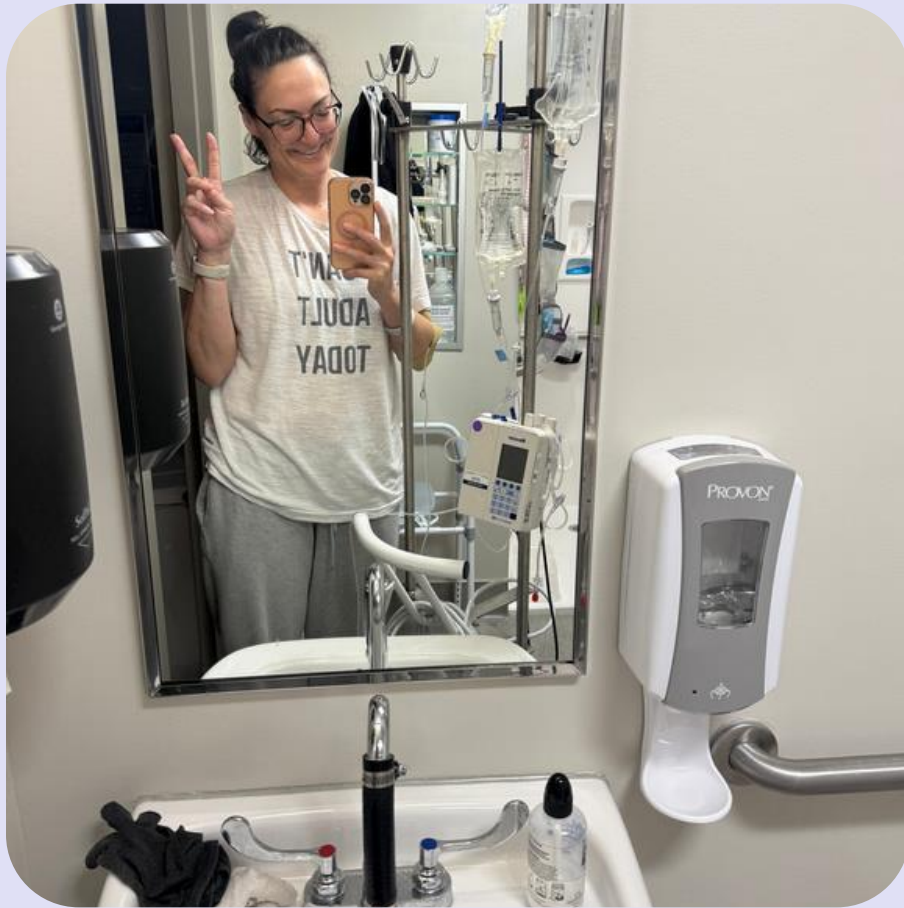
Life Post CAR T

- Been off DM/ASyS medications since before starting chemo
- Continued using Clobetasol & Opzelura® (ruxolitinib cream) on Mechanic's Hands until November 2025
- In June 2025, dealt with LICATS flare and had to take a short taper of prednisone to help with the inflammation in my joints



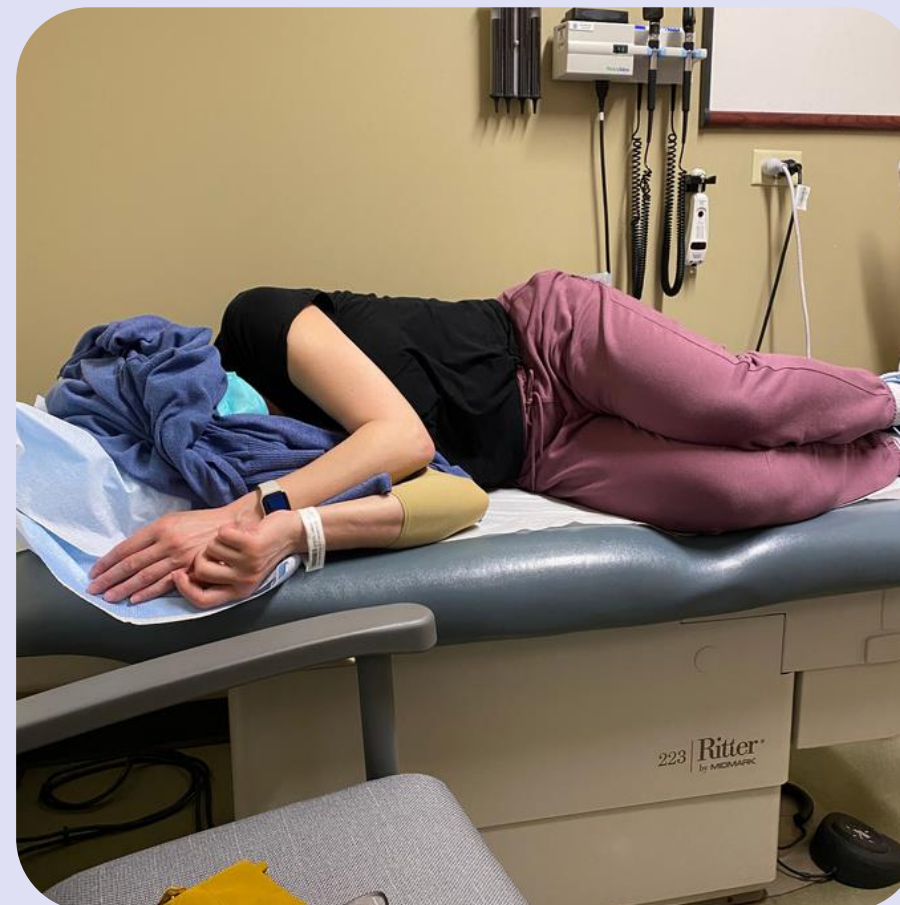
Life Post CAR T

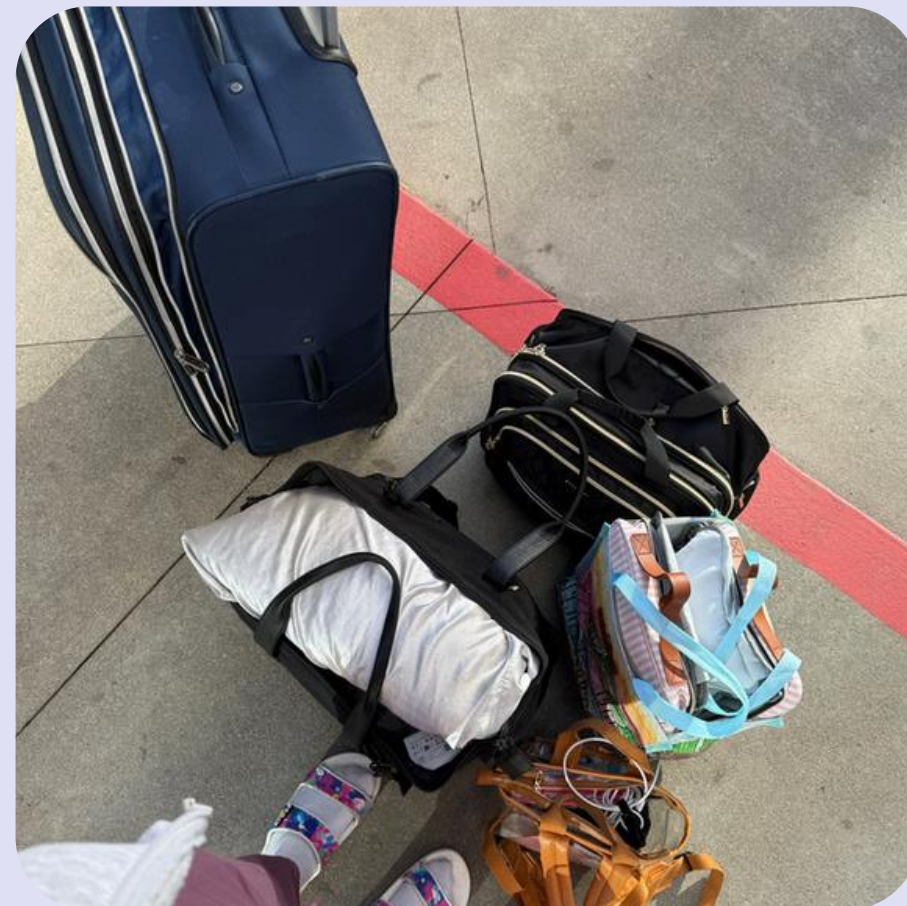
- Strength increasing, endurance getting better but slow going
- Dealt with a lot of fatigue for the first few months, still deal with fatigue when I push myself too hard but that's gotten better over the last few months
- I ran 10 minutes two weekends ago!!!!



Trial Treatments

- Leukapheresis
- Chemo
- CAR T-Cell Transplant





Things I've Learned Through My Journey That You Need to Know

- Logistics of Pursuing a Trial
- How Trials Operate
- Travel & Reimbursements



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