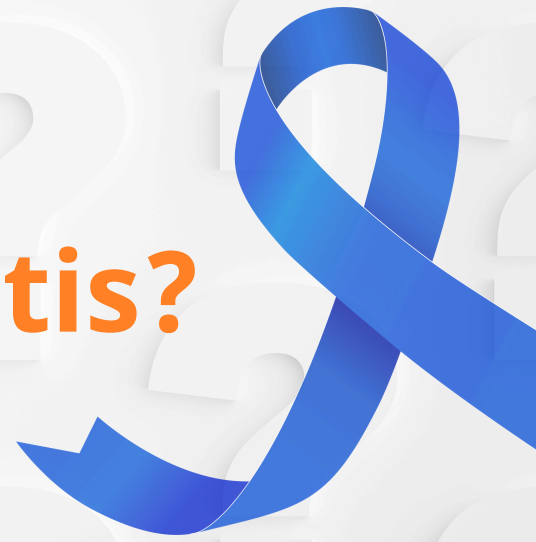




What Is Myositis?

Myositis (pronounced my-oh-SIGH-tis) is a rare disease that happens when the body's immune system attacks healthy muscles like your heart and lungs by mistake.

This is a lifelong diagnosis. There is no cure at this time.

Types of Myositis:

- Dermatomyositis
- Clinically Amyopathic Dermatomyositis
- Antisynthetase syndrome
- Polymyositis
- Inclusion Body Myositis
- Juvenile forms of Poly - and - Dermatomyositis
- Immune-Mediated Necrotizing Myopathy

Symptoms vary from muscle weakness, skin rashes, fatigue (or asthenia), trouble swallowing, shortness of breath, lung disease, fevers, and weight loss.

SCAN THIS QR
CODE TO LEARN
MORE ABOUT
MYOSITIS:



888-MYO-RARE (696-7273)



INFO@UNDERSTANDINGMYOSITIS.ORG



UNDERSTANDINGMYOSITIS.ORG

Myositis can affect anyone.

Each diagnosis is case by case — no two individuals are the same.

This disease is
not linear.
Symptom
stability is the
goal of
individuals with
myositis.

“Simply Put”:
Myositis often starts
subtly—trouble climbing
stairs, rising from a
chair, or turning in bed.
Everyday tasks, like
getting dressed or
walking steadily, become
harder. Some notice
these changes gradually,
while others experience
a quicker decline.



MYOSITIS SUPPORT AND UNDERSTANDING
ASSOCIATION (MSU) IS A PATIENT-
CENTERED, 501(C)(3) NONPROFIT
ORGANIZATION EMPOWERING THE
MYOSITIS COMMUNITY THROUGH
EDUCATION, SUPPORT, AWARENESS,
ADVOCACY, ACCESS TO RESEARCH, AND
NEED-BASED FINANCIAL ASSISTANCE.

