

## Who is MSU?

We are an all patient, all volunteer virtual 501 C 3 organization that leads with love, compassion and a unique understanding of the burdens Myositis brings to patients, care partners and families:

### **SUPPORT**

because healing isn't just physical, it's emotional. It's finding people who understand and can say, "Me too. You're not alone."

### **EDUCATION**

because you deserve to understand your disease as well as your doctors do.

### **FINANCIAL ASSISTANCE**

because MSU wants to help restore what myositis tries to take from you – security, dignity, and hope.

### **ADVOCACY**

because your voice matters

### **'RIGHT NOW' RESEARCH**

because who knows what you need to improve your life better than you?



Myositis is a group of rare autoimmune muscle diseases that can cause progressive muscle weakness, disability, chronic pain, fatigue, swallowing complications, lung involvement, cancer, and reduced quality of life.

Are you living with myositis?

You are  
*not*  
alone.

We are here for YOU.

☎ +888-MYO-RARE (696-7273)

✉ [info@understandingmyositis.org](mailto:info@understandingmyositis.org)

Register for your FREE MSU Membership to get a full list of current events, updates, support reminders, and ways to get involved!



Visit [www.understandingmyositis.org](http://www.understandingmyositis.org) or use this QR code to learn more!



FROM  
the  
HEART

Working to Improve the lives of those affected by Myositis



## FINANCIAL ASSISTANCE

Almost **\$600,000** Has  
Been Awarded since  
2017



At MSU, we understand that living with myositis can bring significant financial challenges alongside the physical ones. We want you to know that you are not alone in this journey, and we are here to support you.

Our Myositis Patient Assistance Program is designed to empower individuals facing these difficulties. Funding is provided in the following categories:

- **Emergency Household Expenses**
- **Medical Bills** (no copays)
- **Medical Devices**
- **Travel Expense** Defrayment for **diagnosis** at pre-approved clinics, specific **clinical trials**, and specific pre-approved **surgeries**

Listed in NIH Charity Transportation  
& Travel Assistance Program

## FROM THE HEART SUPPORT NETWORK

*Members only. A safe space for myositis patients and care partners to connect...*

### Weekly

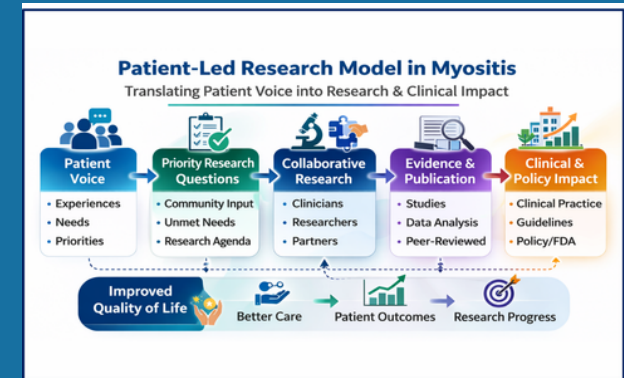
- Sunday Community Support
- Myositis Gets Moving

### Monthly

- Women with Myositis
- Men with Myositis
- Wednesday Evening Support
- Young Adult with Myositis
- Myositis Reads
- International Myositis Support
- Inclusion Body Myositis Support
- Immune-Mediated Necrotizing
- Couch Critics
- Breathe Easy
- Weight Management
- Finding Our Balance

## RIGHT NOW RESEARCH

**"Transforms patient needs into actionable research to bring impact to patient lives."**



Pain Publication  
Burden of Care Study  
Respiratory Muscle Strength  
Training and Dysphagia Research  
Fall prevention and Biomechanics  
Research  
Translational Medicine - the Mito  
Myo Study

## THE **ONLY** MYOSITIS FINANCIAL ASSISTANCE PROGRAM

APPLY HERE



Scan QR for information on how to apply or visit  
<https://understandingmyositis.org/programs/financial-assistance-program/>

## Support Platforms

 **clubhouse**  
Community Platforms



Scan QR for times and virtual locations or visit  
[understandingmyositis.org/events/](https://understandingmyositis.org/events/)



Scan QR for more  
information on MSU's  
Patient-Led Research Hub or  
go to  
[myositispatientresearch.org](https://myositispatientresearch.org)

